


NOVEMBER 2023 MENU

This institution is an equal opportunity provider. *Grades 9-12 only. **Grades 6-12 only. Menu may vary.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BREAKFAST: Biscuit & Gravy or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Chili, Red Bell Pepper Strips, Cucumber, Grapes, Pears, Cinnamon Roll, Milk **Tortilla Chips	2 BREAKFAST: Pizza or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Chicken Nuggets, Whole Wheat Roll, Mashed Potatoes & Gravy, Salad, Kiwi, Applesauce, Milk	3 BREAKFAST: French Toast Sticks or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Pepperoni Pizza, Baked Beans, Baby Carrots, Fresh Oranges, Tropical Fruit, Milk
	7 BREAKFAST: Pancakes or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Chicken Crispito, Salsa, Lettuce, Cherry Tomatoes, SW Lentils, Plum, Peaches, Milk	8 BREAKFAST: Sausage Biscuit or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Grilled Chicken Sandwich, Seasoned Corn, Salad, Watermelon, Pineapple, Milk	9 BREAKFAST: Pancake-on-a-Stick or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Pulled Pork Sandwich, Coleslaw, Baked Beans, Applesauce, Grapes, Milk	10 BREAKFAST: Biscuit & Scrambled Eggs or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Cheese Pizza, Steamed Carrots, Fresh Broccoli, Fresh Orange, Tropical Fruit, Milk **Cherry Crisp
	14 BREAKFAST: Biscuit & Gravy or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Pork-Rib-on-a-Bun, Potato Wedges, Red Bell Pepper Strips, Fresh Apple, Mandarin Oranges, Milk	15 BREAKFAST: Pizza or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Popcorn Chicken, Fresh Broccoli, Cherry Tomatoes, Fruit Cocktail, Banana, Milk *Whole Wheat Roll	16 BREAKFAST: French Toast Sticks or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Taco Burger-on-a-Bun, Salsa, Lettuce, Refried Beans, Fresh Raspberries, Pineapple, Milk	17 BREAKFAST: Pancakes or Cereal, Yogurt or String Cheese, Fruit Juice, Milk LUNCH: Chicken Patty, Whole Wheat Roll, Mashed Potatoes & Gravy, Steamed Asparagus, Fresh Peach, Apples, Milk
20 BREAKFAST: Sausage Biscuit or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Sloppy Joe-on-a-Bun, Roasted Red Potatoes, Edamame, Tropical Fruit, Mandarin Oranges, Milk	21 BREAKFAST: Pancake-on-a-Stick or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Turkey, Mashed Potatoes & Gravy, Dressing, Cranberry Sauce, Pumpkin Bar, Milk	22 NO SCHOOL	23 NO SCHOOL HAPPY THANKSGIVING! 	24 NO SCHOOL
	28 BREAKFAST: Biscuit & Scrambled Eggs or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Beef & Bean Burrito, Tortilla Chips, Salsa, Mexican Corn, Fresh Pear, Apples, Milk	29 BREAKFAST: Biscuit & Gravy or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Grilled Chicken Sandwich, Baby Carrots, Baked Beans, Watermelon, Fruit Cocktail, Brownie, Milk	30 BREAKFAST: Pizza or Cereal, Yogurt or Sting Cheese, Fruit, Juice, Milk LUNCH: Hamburger-on-a-Bun, Lettuce, Tomato, Sweet Potato Fries, Applesauce, Kiwi, Milk	31 BREAKFAST: French Toast Sticks or Cereal, Yogurt or String Cheese, Fruit, Juice, Milk LUNCH: Country Style Beef Patty, Whole Wheat Roll, Mashed Potatoes & Gravy, Steamed Broccoli, Fresh Orange, Pineapple Milk