

December 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Nov 28 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Uncrustable, Red Potatoes, Broccoli w/ Cheese, Banana, Peaches, Milk	Nov 29 Breakfast: Pancake-on-a-Stick or Cereal, Yogurt Or Cheese, Fruit, Juice, Milk Lunch: Chicken Wrap, Spanish Rice, Romaine Lettuce, Tomato Slice, Zucchini, Pears, Tropical Fruit, Milk * Oatmeal Cookie	Nov 30 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Spaghetti w/Meat Sauce, Garlic Bread, Garden Salad, Green Beans, Kiwi, Applesauce, Milk	Dec. 1 Breakfast: French Toast or Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Taco Salad & Tortilla Chips and Salsa, Red Bell Pepper Strips, Refried Beans, Romaine Lettuce, Pineapple, Grapes, Milk **Cinnamon Puff	Dec. 2 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Chicken & Noodles, Mashed Potatoes, Baby Carrots, Mandarin Oranges, Apple Slices, Milk **w/w Roll
Dec. 5 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Meatball Sub, Potato Wedges, Tossed Salad, Banana, Pineapple, Milk	Dec. 6 Breakfast: Pizza or Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: BBQ Chicken & w/ w Roll, Baked Beans, Cole Slaw, Baby Carrots, Peaches, Grapes, Milk	Dec. 7 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Rock N Roll Beef Wrap, Cherry Tomatoes, Cucumber Slices, Mandarin Oranges, Pears, Milk	Dec. 8 Breakfast: Biscuit & Gravy or Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Stromboli Squares, Broccoli Florets, Baby Carrots, Applesauce, Kiwi, Milk	Dec. 9 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Cheese Pizza, Peas, Hash Brown Patty, Pineapple, Fruit Cocktail, Milk
Dec. 12 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Pork Rib-on-a-Bun, Dark Green Lettuce, Tomato Slice, Sweet Potatoes, Banana, Peaches, Milk	Dec. 13 Breakfast: Pancakes or Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Taco Soup & Tortilla Chips, Salsa, Refried Beans, Pears, Tropical Fruit, Milk	Dec. 14 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Hot dog-on-a-bun, Green Beans, Tater tots, Snickerdoodle, Orange Slices, Applesauce, Milk	Dec. 15 Breakfast: Pizza or Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Chicken Quesadilla, Broccoli Florets, Baby Carrots, Mixed Fruit, Kiwi, Milk **Tortilla Chips ** Black Bean & Corn Salsa	Dec. 16 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Turkey & Cheese Sub, Corn, Salad, Apples, Mandarin Oranges, Milk
Dec. 19 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Macaroni & Cheese, Meatballs, Baked Beans, Baby Carrots, Tropical Fruit, Pears, Milk *Whole Wheat Bread & Jelly	Dec. 20 Breakfast: Pancake-on-a-Stick or Cereal, Yogurt or Cheese, Fruit, Juice, Milk Lunch: Baked Ham, Biscuit, Sweet Potatoes, Green Beans, Pineapple, Peaches, Milk ** Apple Crisp	Dec. 21  No School	Dec. 22  No School	Dec. 23  No School
Dec. 26 No School	Dec. 27 	Dec. 28 No School	Dec. 29 No School	Dec. 30 No School 