

October Menus

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Whole Grain Corn Dog</p>	<p>2 Breakfast: Cereal, Biscuit and Jelly, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Beef and Noodles</p>	<p>3 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Chicken Quesadilla</p>	<p>4 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Cowboy Cavatini</p>
<p>7 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Chicken Tetrazzini</p>	<p>8 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Pork Rib on a Bun</p>	<p>9 Breakfast: Cereal, Bagel and Cream Cheese, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Lasagna</p>	<p>10 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Baked Chicken Drumstick</p>	<p>11 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Sloppy Joe on Bun</p>
<p>14 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Pig in a Blanket</p>	<p>15 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Chicken Wrap</p>	<p>16 Breakfast: Cereal, Long Johns, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Spaghetti w/ Meat Sauce</p>	<p>17 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Taco Salad</p>	<p>18 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Chicken and Noodles</p>
<p>21 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Hamburger on a Bun</p>	<p>22 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Chicken Nuggets</p>	<p>23 Breakfast: Cereal, Biscuit and Jelly, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Chili</p>	<p>24 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Baked Ham</p>	<p>25 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Macaroni and Cheese, Meatballs</p>
<p>28 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Hot Ham and Cheese on a Bun</p>	<p>29 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Pepperoni Pizza</p>	<p>30 Breakfast: Cereal, Bagel and Cream Cheese, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Taco Burger on Bun</p>	<p>31 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Italian Pasta Bake</p>	<p>1 Breakfast: Cereal, Graham Crackers, Yogurt or String Cheese, Fruit or Juice, Milk</p> <p>Lunch: Chicken Pot Pie</p>