


November 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oct. 29 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Hot Ham & Cheese-on-a-Bun, Potato Wedges, Broccoli, Mixed Fruit, Peaches, Milk</p>	<p>Oct. 30 Breakfast: Pancakes or Cereal, Fruit, Juice, Milk</p> <p>Lunch: Taco Burger-on-a-Bun, **Tortilla Chips, Salad, Tomato Salsa, Refried Beans, Pear, Applesauce, Milk</p>	<p>Oct. 31 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Pepperoni Pizza, Celery Sticks, Cherry Tomatoes, Oranges, Pineapple, Milk</p>	<p>Nov. 1 Breakfast: Breakfast Pizza or Cereal, Fruit, Juice, Milk</p> <p>Lunch: Lasagna, Garlic Bread Stick w/ Marinara Sauce, Salad, Baby Carrots, Banana, Kiwi, Choc Chip Cookie, Milk</p>	<p>Nov. 2 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Chicken patty, Roll, Mashed Potatoes & Gravy, Asparagus, Grapes, Tropical Fruit, Milk</p>
<p>Nov. 5 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Sweet & Sour Chicken Nuggets, Seasoned Brown Rice, Asian Vegetables, Cherry Tomatoes, Celery Sticks, Tropical Fruit, Peaches, Milk</p>	<p>Nov. 6 Breakfast: Biscuit & Gravy or Cereal, Fruit, Juice, Milk</p> <p>Lunch: Nachos, Refried Beans, South-Western Lentils, Pineapple, Kiwi, Milk</p>	<p>Nov. 7 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Corndog, Green Beans, Tater Tots, Fruit Cocktail, Apple, Snickerdoodle Cookie, Milk</p>	<p>Nov. 8 Breakfast: French Toast Sticks or Cereal, Fruit, Juice, Milk</p> <p>Lunch: Pulled Pork Sandwich, Creamy Cole Slaw, Baked Beans, Banana, Strawberries, Milk</p>	<p>Nov. 9 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Beef Wrap, Steamed Carrots, Salad, Applesauce, Grapes, *Cherry Crisp, Milk</p>
<p>Nov. 12 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Pig-in-a-Blanket, Roasted Red Potatoes, Broccoli with Cheese, Fresh Apple Slices, Peaches, Milk</p>	<p>Nov. 13 Breakfast: Pancake-a-Stick or Cereal, Fruit, Juice, Milk</p> <p>Lunch: Chicken Wrap, Spanish Brown Rice, Romaine Lettuce, Tomato Slice, Zucchini, Tropical Fruit, Pineapple, **Oatmeal Cookie, Milk</p>	<p>Nov. 14 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Spaghetti w/ Meat Sauce, Garlic Bread, Garden Salad, Green Beans, Mandarin Oranges, Pear, Milk</p>	<p>Nov. 15 Breakfast: Sausage Biscuit Sandwich or Cereal, Fruit, Juice, Milk</p> <p>Lunch: Taco Salad, Tortilla Chips & Tomato Salsa, Refried Beans, Banana, Strawberries, *Cinnamon Puff Milk</p>	<p>Nov. 16 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Chicken & Noodles, *Whole Wheat Roll & Honey, Mashed Potatoes, Fresh Baby Carrots, Grapes, Mixed Fruit, Milk</p>
<p>Nov. 19 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Mini Meatball Sub, Ranch Potatoes, Salad, Mandarin Oranges, Pineapple, Milk</p>	<p>Nov. 20 Breakfast: Mini Waffles or Cereal, Fruit, Juice, Milk</p> <p>Lunch: Thanksgiving Turkey Meal</p>	<p>Nov. 21</p> <p>No School</p>	<p>Nov. 22</p> <p>No School</p> <div style="text-align: center; margin-top: 10px;">  <p>HAPPY THANKSGIVING</p> </div>	<p>Nov. 23</p> <p>No School</p>
<p>Nov. 26 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Pork Rib-on-a-Bun, Lettuce & Tomato Slice, Sweet Potato Puffs, Apple, Peaches, Milk</p>	<p>Nov. 27 Breakfast: Western Omelet Quesadilla or Cereal, Fruit, Juice, Milk</p> <p>Lunch: Taco Soup, Tortilla Chips & Tomato Salsa, Broccoli, Pears, Applesauce, Milk</p>	<p>Nov. 28 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: Cowboy Cavatini, Whole Wheat Roll & Jelly, Corn, Salad, Orange, Banana, Milk</p>	<p>Nov. 29 Breakfast: Whole Grain Cinnamon Roll or Cereal, Fruit, Juice, Milk</p> <p>Lunch: Chicken Quesadilla, ** Tortilla Chips, ** Black Bean Salsa, Refried Beans, Tropical Fruit, Pineapple, Milk</p>	<p>Nov. 30 Breakfast: Cereal, Yogurt or Cheese, Fruit, Juice, Milk</p> <p>Lunch: BBQ Chicken Drumstick, Baked Beans, Cole Slaw, Kiwi, Grapes, Milk</p>

This institution is an equal opportunity provider. * 6-12 Only
** 9-12 Only